



CLIENT LIST

A. H. Harris Co.
Actelion Pharmaceuticals
The Amistad Center for Art & Culture
Associated Spring Corporation
Barnes Aerospace
CT Audubon Society (Glastonbury)
CT Commission on Human Rights and Opportunities
CT Department of Administrative Services
CT Department of Public Health
CT Health Foundation
CT Historical Society
CT Humanities Council
CT Medical Insurance Company
 ESPN
Faith Congregational Church
Fairview Capital Partners
Greater New England Association of Black Educators
Hartford Foundation for Public Giving
Hartford Public Schools
Hartford Symphony
Horace Bushnell Congregate Housing
INROADS of Greater Hartford/Springfield
Jack and Jill of Farmington Valley
 Jubilee House
Farmington Valley Chapter of The Links Incorporated
Novartis Pharmaceuticals
Squires Club of Springfield
The Hartford Courant
 United Parcel Service
 Wesleyan University
 YMCA Glastonbury
YMCA Greater Hartford
 YWCA Hartford



Corporate Menu

Sweet and Savory Creations LLC
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www.SweetAndSavoryCreations.com

Lori Hunter, PhD
Chef and Owner

Established in 2000
6 Years of Quality Food and Outstanding Customer Service



BREAKFAST

(per person, minimum 12)



Just Getting Started

Assorted homemade muffins and Danish, and coffee service.....\$ 4.95

Healthy Start

Fresh fruit cup, assorted yogurts, granola, mini muffins, and bagels.....\$ 6.45

Executive Breakfast

Assorted homemade muffins or scones, Danish, Fresh Fruit salad, and coffee service.....\$ 7.95

Full Breakfast

Executive plus choice of scrambled eggs or quiche, sausage or bacon, and potatoes.....\$ 13.95

All American Breakfast

Pancake, Waffle, or French Toast served with warm maple syrup, warm fruit compote (apple or blueberry), fresh strawberries, and whipped topping and Fresh Fruit Salad.....\$ 15.95

Pickup and Go Breakfast

Breakfast Wraps, and Fresh Fruit salad.....\$ 7.95



The **WHOLE DAY** meeting package provides breakfast and lunch in one complete package

The Executive Meeting Day

Executive breakfast with coffee and juice service, and a choice of two gourmet sandwiches and homemade cookies.....\$18.95

Other menu options available upon request
Menu Selections as of October 2006

The Board Meeting Day

Executive breakfast with coffee and juice service, and a choice of three gourmet sandwiches, mixed green or Caesar salad, homemade cookies, and assorted beverages.....\$ 22.95

Assorted Homemade Cookies.....\$ 10.00

per dz

Chocolate Chip, Oatmeal Raisin, Peanut Butter, Sugar

Assorted Homemade Gourmet Cookies.....\$ 18.00

per dz

Shortbread, Chocolate Dipped Shortbread, Vanilla Wafers, Checkerboard, Spirals

Assorted brownies and bars.....\$ 24.00

per dz

Lemon Squares, Brownies, Apple Brownies, Cherry Oatmeal Bars, Blondies

Assorted mini pastries.....\$ 8.00

per dz

Mini éclairs, mini cheesecakes, cream puffs

Assorted Bottled Sodas.....\$

2.00

Assorted Canned Sodas and Beverages.....\$

1.50

Assorted Fruit Juices.....\$

1.75

Bottled Water.....\$

1.50

Afternoon Snack

Assorted Homemade Cookies, Brownies, and assorted beverages.....\$ 3.95

See full dessert menu for other selections



QUALITY FOOD AND OUTSTANDING SERVICE SINCE 2000

ORDERING GUIDELINES

Orders can be emailed, faxed, or called in. If you have not received confirmation within 24 hours, please call to verify receipt of your order.

- 48 hours notice is recommended for all orders
- Same day orders available on a limited basis
- Call for seasonal specialties or custom menu planning
- Menus and prices are subject to change
- Prices do not include tax or gratuity
- Delivery charge may apply
- Minimum of 12 servings
- China and flatware available at an additional charge
- Cancellations charges apply, 25% if cancelled less than 3 days and 100% if cancelled less than 24 hours

- Spinach Salad
- Other Salads**
- Bow Tie Pasta with Butternut Squash, Sundried Tomatoes, and Feta Cheese •
- Roasted Pepper and Grilled Shrimp Bread Salad •
- Potato Salad
- Macaroni Salad
- Sour Cream and Dill Potato Salad
- Curry Chicken Salad
- Shrimp Salad

Salad Toppers

Add grilled chicken or teriyaki chicken (+ \$3)

BREAKFAST A LA CARTE

(per person, minimum 12)

- Fresh Fruit Platter.....\$
- 4.50
- Fresh Fruit Salad.....\$
- 3.95
- Green Mountain Coffee\$
- 2.50
- Orange and Apple Juice (10 oz).....\$
- 1.75
- Homemade Muffins (mini muffins – min 24).....\$ 1.25
- (\$0.75)
- Homemade Scones.....\$
- 1.50
- Cinnamon Rolls with Raisins.....\$
- 2.25
- Breakfast Apple Dumplings.....\$
- 1.50
- Yogurt with granola\$
- 1.75
- Bagels with cream cheese.....\$
- 2.00

Gourmet Sandwiches and Wraps

- SaS Chicken Salad •
- Grilled Shrimp Caesar + \$2.00pp
- Grilled Chicken Caesar
- Marinated Citrus Portabellas with Grilled Chicken
- Turkey Club with Avocado and Bacon
- Warm Spinach Salad with Grilled Chicken
- Pressed Grilled Vegetable Sandwich
- Grilled Seasonal Vegetable Wraps with Baby Greens
- Blackened Salmon with Horseradish Sauce
- Southwest Grilled Chicken Wrap
- Chicken Parmigiano
- Grilled Chicken with Basil Dijon Aioli
- Grilled Chicken with Olive and Artichoke Tapenade
- Grilled Chicken Avocado with Garlic Aioli
- Honey Lime Grilled Chicken with Mango Salsa
- Classic Club Sandwich (Turkey or Ham)
- Spicy Buffalo Chicken Wrap
- Roast Beef, Caramelized Onions and Gorgonzola Cheese
- Green Salads**
- Caesar Salad
- Mixed Greens with Fresh Fruit
- Garden Salad
- Gourmet Salads**
- Chef's Salad
- Cobb Salad
- Cabbage and Spinach Slaw with a Dijon Vinaigrette
- Asian Style Salad with Mandarin Oranges, Low Mein Noodles, and Sesame Citrus Dressing
- Greek Style Salad

Other menu options available upon request
Menu Selections as of October 2006

860.633.6879 or SASCREATIONS@SBCGLOBAL.NET



QUALITY FOOD AND OUTSTANDING SERVICE SINCE 2000

Assorted cold cereals.....	\$
1.50	
Buttermilk Biscuits.....	\$
1.25	
Turkey sausage or bacon.....	\$
1.75	
Pork Sausage, bacon, or ham.....	\$
1.50	
Fresh fruit salad, tossed salad with tuna salad, egg salad, and cottage cheese.....	\$ 9.95

The Salad Sampler

Sas Signature Chicken Salad, Tuna Salad, Tossed Salad, Pasta Salad, Fresh Fruit Salad, with rolls, croissant, and assorted homemade cookies.....\$ 16.95

The Corporate Box Lunch

Choice of deli sandwich or wrap (turkey, ham, or tuna), pasta or potato salad, chips, homemade cookies, and beverage packed and ready to go.....\$ 14.95

The Executive Box Lunch

Choice of gourmet sandwich or wrap, pasta or potato salad, fresh fruit cup, chips, homemade cookies, and beverage packed and ready to go.....\$17.95

Entrée Salads

Choice of regular or gourmet entrée sized salads.....\$ 9.95

Deli Sandwich and Wrap Selections

- Smoked Turkey
- Honey Glazed Turkey
- Honey Ham
- Roast Beef
- SaS Tuna Salad

Choices of Cheddar, Provolone, or Swiss. Served with lettuce and tomatoes.

HOT LUNCH MENU

Served with tossed salad and rolls (per person, minimum 12)

- - SaS Signature Item

Quiche (Serves 6).....	\$
24.00	
Crustless Quiche (serves 8).....	\$
28.00	
Breakfast potatoes.....	\$
1.25	
Add grilled shrimp (+5)	
Add grilled flank steak (+5)	

COLD LUNCH MENU

(per person, minimum 12)
 • - SaS Signature Item

The Working Lunch

Assorted deli sandwiches (choice of three), tossed salad, homemade cookies.....\$10.95

Business Builder Lunch

Deli platter with assorted meats, tuna salad, cheeses, lettuce, tomatoes, onions, breads, rolls, and wraps.....\$10.95

The Business Lunch

Assorted deli sandwiches (choice of three), tossed salad, pasta salad, homemade cookies, and assorted beverages.....\$13.95

The Executive Lunch

Assorted gourmet sandwiches (choice of three), tossed salad, fresh fruit salad, homemade cookies, and assorted beverages.....\$17.95

Waist Watchers Lunch

Other menu options available upon request
 Menu Selections as of October 2006