



CLIENT LIST

Actelion Pharmaceuticals
The Amistad Center for Art & Culture
Apria Healthcare
Barnes Group
Bingham McCutchen
Black Pages of New England
Bloomfield Department of Education
Capital Region Conference of Churches
Casey Family Services
Christ Church Cathedral
Cisco Systems
CT Audubon Society (Glastonbury)
CT Commission on Human Rights and Opportunities
CT Department of Administrative Services
CT Department of Public Health
CT Health Foundation
CT Humanities Council
CT Medical Insurance Company (CMIC)
CT State University System Office
Cyclone Home Systems
Day Pitney
Deer ValleyTownhomes/Santini
ESPN
Fairview Capital Partners
Footlights
Girl Scouts, CT Trails Council
Greater New England Association of Black School Educators
Hartford Foundation for Public Giving
Hartford Public Schools
Heritage Capital
Home Depot
Janney Montgomery Scott
Metropolitan District Commission
Nationwide Insurance Company
Novartis Pharmaceuticals
Our Companions Domestic Animal Sanctuary
Strategic Technologies
The Hartford Courant
Trinity College Alumni Association
United Parcel Service
Wesleyan University
YMCA Greater Hartford/Glastonbury
YWCA Hartford



Corporate Menu

Sweet and Savory Creations LLC
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Lori Hunter, PhD
Chef and Owner

Established in 2000
9 Years of Quality Food and Outstanding Customer Service

BREAKFAST
(per person, minimum 12)

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Just Getting Started \$ 5.25

Assorted homemade muffins and Danish, juice, and coffee service

Healthy Start \$ 6.95

Fresh fruit cup, assorted yogurts, granola, mini muffins, and bagels

Executive Breakfast \$ 8.25

Assorted homemade muffins/scones, Danish, Fresh Fruit salad, juice and coffee

New York Executive Breakfast \$ 8.75

Assorted Bagels and Cream Cheese, Fresh Fruit salad, juice and coffee service

Full Breakfast \$ 13.95

Exec Breakfast PLUS choice of eggs/quiche, sausage/bacon, & potatoes

All American Breakfast \$ 11.95

Scrambled Eggs, Sausage or Bacon, Potatoes, English muffin, Juice, and Coffee

Pickup and Go Breakfast \$ 8.25

Breakfast Wraps, Fresh Fruit salad, and Juice

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The **WHOLE DAY** meeting package provides breakfast and lunch in one complete package

The Executive Meeting Day \$20.95

Exec Breakfast PLUS a choice of three deli sandwiches, pasta salad, and homemade cookies, and assorted beverage

The Board Meeting Day \$ 23.95

Executive breakfast PLUS a choice of three gourmet sandwiches, mixed greens or Caesar salad, homemade cookies, and assorted beverages

Assorted Homemade Cookies \$13/dz

Chocolate Chip, Oatmeal Raisin, Peanut Butter, Sugar, White Chocolate Chip

Assorted Homemade Gourmet Cookies and Brownies \$17/dz

Sweet Potato Cookies, Shortbread, Brownies

Assorted Gourmet Bars \$19/dz

Lemon Squares, Apple Brownies, Blondies, Black and White Cookies

Assorted mini pastries \$9/dz

Mini éclairs, mini cheesecakes, cream puffs

Assorted Bottled Sodas \$2.00

Assorted Canned Sodas and Beverages \$1.50

Assorted Fruit Juices \$1.75

Bottled Water \$1.50

Afternoon Snack

Assorted Homemade Cookies, Brownies, and assorted beverages \$3.25

Assorted Homemade Cookies, Brownies, and Coffee Service \$4.25

See full dessert menu for other selections

ORDERING GUIDELINES (48 hours notice is recommended for all orders)

Orders can be emailed, faxed, or called in. If you have not received confirmation within 24 hours, please call to verify receipt of your order.

- Minimum order 12 guests
- Prices do not include tax (if applicable), gratuity, and delivery charge
- Same day orders available on a limited basis, additional fee may apply
- Call for seasonal specialties or custom menu planning
- Menus and prices are subject to change
- Rental Linen, China, Flatware, and Glasses available at an additional charge
- Cancellations charges apply, 50% if cancelled less than 3 business days and 100% if cancelled less than 2 business days (cancellations left on voicemail not accepted)

Gourmet Sandwiches and Wraps

SaS Chicken Salad ✨ ++

Grilled Chicken Caesar (Shrimp ++)

Marinated Citrus Portabellas with Grilled Chicken

Turkey Club with Avocado and Bacon

Warm Spinach Salad with Grilled Chicken

Grilled Vegetable Panini

Grilled Seasonal Vegetable Wraps with Baby Greens

Blackened Salmon with Horseradish Sauce

Southwest Grilled Chicken Wrap

Chicken Parmigiano

Grilled Chicken with Basil Dijon Aioli

Grilled Chicken with Olive and Artichoke Tapenade

Grilled Chicken Avocado with Garlic Aioli

Honey Lime Grilled Chicken

Classic Club Sandwich (Turkey or Ham)

Spicy Buffalo Chicken Wrap
 Roast Beef, Caramelized Onions and Gorgonzola Cheese
 Greek Salad Pita

Green Salads (see full menu)

Caesar Salad
 Mixed Greens with Fresh Fruit
 Garden Salad

Gourmet Salads (see full menu)

Chef's Salad
 Cobb Salad
 Cabbage and Spinach Slaw with a Dijon Vinaigrette
 Asian Style Salad with Mandarin Oranges, Low Mein Noodles, and Sesame Citrus Dressing
 Greek Style Salad
 Spinach Salad

Other Salads (see full menu)

Farfalle with Butternut Squash, Sundried Tomatoes, and Feta Cheese ☼
 Cheese Tortellini Pasta Salad
 Traditional Southern Potato Salad

BREAKFAST A LA CARTE

(per person, minimum 12)

Fresh Fruit Platter \$4.45
 Fresh Fruit Salad \$3.95
 Green Mountain Coffee \$2.50

COLD LUNCH MENU

(per person, minimum 12)
 ☼ - SaS Signature Item

The Working Lunch \$9.95
 Assorted deli wraps (choice of three), tossed salad, & homemade cookies
Business Builder Lunch \$11.95

Jug of Joe (15cup) - \$16.95 Jug of Joe (18cup) - \$19.95

Orange and Apple Juice (10 oz) \$1.75
 Homemade Muffins (mini muffins – min 24) \$1.25 (\$0.75)
 Homemade Scones \$1.50
 Cinnamon Rolls with Raisins \$2.25
 Yogurt with granola 1.75
 Bagel with cream cheese \$2.00
 Quiche (Serves 8-10) \$26.00
 Crustless Quiche (serves 8-10) \$29.00
 Breakfast potatoes \$1.50
 Assorted cold cereals \$1.95
 Turkey sausage or bacon \$1.95
 Pork Sausage or bacon \$1.50
 Deli platter with assorted meats, tuna salad, cheeses, lettuce, tomatoes, onions, assorted breads, and/or wraps, chips, and beverage

The Business Lunch \$13.45
 Assorted deli sandwiches (choice of three), tossed salad, pasta salad, homemade cookies, and assorted beverages

The Executive Lunch \$16.95
 Assorted gourmet sandwiches (choice of three), tossed salad, fresh fruit salad, homemade cookies, and assorted beverages

The Salad Sampler \$14.95
 SaS Signature Chicken Salad, Tuna Salad, Tossed Salad, Pasta Salad, Fresh Fruit Salad, with rolls, croissant, and assorted homemade cookies

The Corporate Box Lunch \$13.95
 Choice of deli sandwich or wrap (turkey, ham, tuna, or veggie), pasta or potato salad, chips, homemade cookies, and beverage packed and ready to go

The Executive Box Lunch \$16.95
 Choice of gourmet sandwich or wrap, pasta or potato salad, fresh fruit cup, chips, homemade cookies, and beverage packed and ready to go

Entrée Salads Choice of regular or gourmet entrée sized salads \$8.95

Deli Sandwich and Wrap Selections

Smoked Turkey, Honey Turkey, Honey Ham, Roast Beef, SaS Tuna Salad, & Chicken Salad
Choices of Cheddar, Provolone, and/or Swiss. Served with lettuce, tomatoes, pickles, and roasted peppers.

HOT LUNCH MENU

Served with tossed salad and rolls
(per person, minimum 12)
☼ - SaS Signature Item

Buffet Executive Lunch from
Choice of hot entrée; mixed greens salad; rice, pasta, potato, or vegetable \$13.95

Soup and Salad from
Choice of soup, mixed greens salad, and rolls and butter \$9.45

Soups (see full menu for more selections)

New England Clam Chowder
Vegetarian Minestrone
Chicken Noodle
Vegetable Soup
Butternut Squash and Apple Bisque
French Onion
Garlicy Bread Soup
Roasted Tomato Soup
Navy Bean Soup
Corn and Shrimp Chowder
Jerk Chicken Soup
Chicken Gumbo Soup
Baked Potato Soup

Hot Entrees (see full menu for more selections)

Roasted Vegetable Lasagne with Chunky Marinara
Honey Herb Baked Salmon
Herb Baked Chicken Thighs
Pan Seared Herb Chicken Breast/Thighs
Chicken Picatta
Chicken Parmigiano
Chicken Marsala
Pepper Crusted Pork Tenderloin
Turkey Chili (Vegetarian Chili)
Classic or Turkey Meatloaf