



# WEDDING MENU

Established in 2000  
9 Years of Quality Food and Outstanding Customer Service

**Lori Hunter, PhD, Chef and Owner**  
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**[www.SweetandSavoryCreations.com](http://www.SweetandSavoryCreations.com)**  
KOSHER EXPERIENCE, LIQUOR LICENSE, CT MBE



QUALITY FOOD AND OUTSTANDING SERVICE SINCE 2000

**Wedding Reception**  
**“A La Carte”**

**HOT AND COLD APPETIZERS** *(sampling of available options)*

Increments of 50 pieces of each item

Prices at “per 100 pieces within each category”

**SILVER**

Sweet Chili Meatballs  
Vegetable Spring Rolls with Sesame Ginger Sauce  
Chicken Spring Rolls with Sweet and Sour Sauce  
Sesame Chicken  
Cocktail Franks in Puff Pastry  
Finger Sandwiches  
Baked Smoked Gouda with Raspberry Conserves and Fig  
Bruschetta  
Caramelized Onion Tarts  
Mozzarella Sticks with Marinara Sauce  
Breaded Fan Tail Shrimp

**\$ 195.00 per 100 pieces**

**GOLD**

Grilled Shrimp with Mango Chutney  
Sweet Potato Fritters with Julienne Apples and Sour Cream  
Crab Wontons  
Smoked Salmon Pizza with Sour Cream and Chives  
Melon Wrapped in Prosciutto (seasonal)  
Scallion Pancakes with Dipping Sauce  
Assorted Mini Quiche  
Spanakopita  
Feta, Raspberry Honey and Pear Phyllo Tart  
Chicken and Cheese Empanadas  
Sesame Beef  
Teriyaki Chicken Skewers

**\$ 245.00 per 100 pieces**

Other menu options available upon request

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Prices as of October 2009 (subject to change)



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### **PLATINUM**

Mini Maryland Style Crabcakes  
Shrimp Scampi Toast  
Spiced Goat Cheese Balls  
Shrimp Wrapped in Bacon  
Lobster Vol-Au-Vent  
Portabella and Feta Beggar's Purse  
Alaskan Smoked Salmon (as available)  
Grilled Beef Rolls with Scallion Soy Dipping Sauce  
Steak Au Poivre Crostini  
Blackeye Pea Egg Rolls  
Coconut Shrimp with Mango Chutney  
Scallops Wrapped in Bacon

***\$ 270.00 per 100 pieces***

### ***ADDITIONAL SELECTIONS***

Jumbo Shrimp Cocktail  
***\$ 340.00 per 100 pieces***

#### **Antipasto Chef's Board**

*Roasted Peppers, Marinated Mushrooms, Artichoke Hearts, Fresh Mozzarella, and Assorted Italian Meats*  
***\$ 295.00 (serves 100)***

#### **Vegetable Platter\***

*Red, Yellow, and Orange Bell Peppers, Broccoli, Carrots, Green Beans, Celery, Cucumbers, Cherry Tomatoes*  
***\$ 245.00 (serves 100)***

#### **Fresh Fruit Platter\***

*Pineapple, Cantaloupe, Honeydew, Grapes, Strawberries, Mango, Apples, and Kiwi*  
***\$ 285.00 (serves 100)***

#### **Cheese and Cracker Chef's Board**

*Assorted Domestic and International Cheeses with Crackers and French Bread*  
***\$ 260.00 (serves 100)***

\* seasonal items may vary

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## CARVING STATIONS AND ACTIVE STATIONS

All Carving Stations require an attendant (\$35 per hour) for each station (recommend 2 hours)

*Assorted bread, rolls, and condiments accompany the carving stations*

Herb (or Pepper Crusted) Beef Tenderloin

**\$ 250.00 (serves 25 people)**

Smoked Turkey Breast

**\$ 135.00 (serves 25 people)**

Baked Virginia Ham

**\$ 155.00 (serves 25 people)**

Pepper Crusted Pork Tenderloin

**\$ 145.00 (serves 25 people)**

*Carving stations include assorted rolls and condiments.*

All Active Stations require an attendant (\$35 per hour) for each station (recommend 2 hours)

*(Minimum 50 people)*

### **Choices include:**

**PASTA STATION** (\$8.95 per person) – cooked to order

*Tortellini, Mini Penne, Garlic, Onions, Peppers, Gorgonzola, Baby Spinach, Sundried Tomatoes, Parmesan Cheese, tossed with Marinara, Alfredo, or Garlic Olive Oil Sauce*

**CAESAR SALAD STATION** (\$ 3.75 per person)

*Romaine, Homemade Garlic Crotons, Plum Tomatoes, Kalamata Olives, Shaved Parmigiano Reggiano, Caesar Dressing*

**TACO AND FAJITA STATION** (\$ 8.95 per person)

*Ground beef and turkey, Fajita Chicken and Beef, Shredded Lettuce, Shredded Cheese, Tomatoes, Onions, Jalapeno Peppers, Salsa, Flour Tortillas, Corn Tortillas, Sour Cream, and Guacamole*

**BELGIAN WAFFLE STATION** (\$ 5.95 per person)

*Fresh Whipped Cream, Strawberries, Warm Maple Syrup, and Whipped Butter*

**OMELET STATION** (\$ 7.95 per person)

*Eggs, Egg Substitute, Onions, Peppers, Tomatoes, Bacon, Ham, Turkey Sausage, Broccoli, Mushrooms, and Cheddar Cheese*

**MASHED POTATO (OR SWEET POTATO) BAR** (\$ 3.95+ per person)

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*Whipped Butter, Sour Cream, Chives, Broccoli, Bacon Bits, Cheese, Cheese Sauce, Onions*

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## DINNER BUFFETS AND PLATED DINNERS

*All dinner buffets include: Cheese and Cracker Platter, Vegetable Platter, Three (3) Appetizers, Tossed Salad, Vegetable, Starch, Rolls and Butter, Iced Tea, Water, Coffee, Decaf, and Hot Tea.*

### SILVER

Pan Seared Herb Crusted Chicken Breast (Thighs)  
Chicken in White Wine Lemon Butter Sauce with Capers  
Chicken Marsala  
Roasted Vegetable Lasagne  
Tortellini with Alfredo and Marinara Sauce  
Baked Haddock or Baked Scrod with a Lemon Butter Sauce  
Sliced Honey Glazed Ham  
Farfalle with Olive Tapenade, Sundried Tomatoes, Red Bell Peppers, and Garlic Olive Oil  
Chicken Gumbo

**Select One (1) Silver Buffet Entree: \$ 29.95\* (Plated \$26.95)**

**Select Two (2) Silver Buffet Entrees: \$ 34.95\* (Plated \$31.95)**

**Select Three (3) Silver Buffet Entrees: \$ 39.95\* (Plated \$36.95)**

*\* Client must specify an exact quantity of each entrée when selecting two or more entrées*

### GOLD

Marinated Grilled Flank Steak  
Pork Tenderloin (Pepper Crusted or Apricot Glazed)  
Apricot and Apple Glazed Salmon (or Maple Glazed Salmon)  
Orange Roasted Salmon with Caper Yogurt Sauce  
Wild Rice Stuffed Chicken Breast with Beurre Blanc Sauce  
Pan Seared Tilapia with Olive and Artichoke Tapenade  
Shrimp Scampi

**Select One (1) Gold Buffet Entree: \$ 34.95\* (Plated \$31.95)**

**Select Two (2) Gold Buffet Entrees: \$ 39.95\* (Plated \$36.95)**

**Select Three (3) Gold Buffet Entrees: \$ 44.95\* (Plated \$41.95)**

*\* Client must specify an exact quantity of each entrée when selecting two or more entrées*

### PLATINUM

Herb Crusted Beef Tenderloin with Dijon Sauce  
Pepper Crusted Beef Tenderloin  
Crispy Salmon with Rosemary Olive Butter  
Flounder Stuffed with Crabmeat  
Maryland Style Crabcakes  
Cajun Seafood Newburg with Fettuccini (or in puff pastry shells)  
Baked Stuffed Jumbo Shrimp

**Select One (1) Platinum Buffet Entree: \$ 43.95\* (Plated \$39.95)**

**Select Two (2) Platinum Buffet Entrees: \$ 47.95\* (Plated \$43.95)**

**Select Three (3) Platinum Buffet Entrees: \$ 52.95\* (Plated \$48.95)**

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**SIDES** (sample of options)

Savory Rice Pilaf  
Herb Roasted Potatoes  
Candied Sweet Potatoes  
Macaroni and Cheese  
Ginger Glazed Carrots  
Rice and beans

Sauteed Haricot Verts  
Mushrooms in Cream Sauce  
Grilled Vegetables  
Roasted Garlic Mashed Potatoes  
Creamed Spinach  
Au Gratin Potatoes

Grilled Asparagus w/Orange Dijon Sauce  
Collard Greens  
Middle Eastern Rice Salad  
Roasted Peppers in Balsamic Reduction  
Grilled Sweet Potatoes & Onions in Balsamic  
Broccoli in White Wine Lemon Butter Sauce  
Julienne Vegetable Bundles in garlic olive oil

Brunch Menus available

A la Carte Menus available (including soups)

Dessert Menu available

Full Musician Support

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